

# WOMEN FOR THE FUTURE PROGRAM



## WHAT

A program designed to empower young single mothers to become financially and socially independent so that they can provide for themselves and their children.

## WHY

Low-income families are quite prevalent in the area, including a number of single mothers. Pregnancy prevented them from completing their studies. As a result, they are poor, unemployed, and still rely on their parents for support

## HOW

- A 2-year program aimed at training young mothers in different skills such as horticulture, poultry keeping, business, communication and strategy, women's rights, and nutrition.
- The program consists of classroom teaching in the 5 skills, as well as practical training. The women engage in a poultry business by keeping chickens in their joint chicken house and selling them for profit.
- The women practice horticulture business on a plot of land at FFF, to grow and sell for profit.
- They have their own trainers at FFF/ACE who train them and support them throughout the program. They also follow up closely with them to help them start their own business.
- Profit to be kept in a Vicoba group for them to use for savings and investment.
- The children are taken care of in a daycare center while the mothers are studying. In addition, when the kids turn 3 years old, ACE secures sponsors for their education at IOP Sollerud Kindergarten Tanzania.

## WANTED RESULTS

- Young mothers should start their own poultry business or vegetable garden to earn an income.
- Mothers should become financially independent.
- A significant number of them should become role models so that they can help others out of poverty.
- Their children should get a high-quality education that will help them in their lives.

# GOAT MILK FOR NUTRITION & PROFIT PROGRAM



## WHAT

A program that fights against poverty, helps improve health, by providing families with milking goats for milk production.

## WHY

- Malnutrition and Poverty are two of the main challenges in Tanzania
- Research and practices on goat milk document a potential for improved health and new income

## HOW

- This 2-year program includes two Norwegian milking goats, a goat shed, necessary medication, as well as proper training and two years of support and follow up from FFF/ACE.
- To ensure success, it is imperative to select the right farmers. A set of effective selection criteria is used.
- To maximize results, the program is combined with a home gardening program and Good Agriculture Practices (GAPs) on the available land. The package is seen as a big step towards a higher standard of living.
- They will use manure to regenerate their soil and increase their crop yields.
- Knowledge sharing in modern livestock management is done in groups within the program.
- Establishment of role models in each village under the program.
- A baseline study for Ilula, carried out by FFF/ACE, has documented the situation today and serves as the reference point from which to prove the results of the program.
- The goat milk program was initiated by the MD of ASAS Dairies, who is the FFF's main partner in this program.

## WANTED RESULTS

- After two years, the 2 starting goats have increased to 5 milking goats, each producing 3-4 liters of milk per day.
- From year 3 the goat milk will be sold to ASAS Dairy for processing
- Commercial success and economic sustainability for the involved farmers/families
- Improved health due to better nutrition
- Community development through positive results and knowledge sharing between beneficiaries.

# FARMERS FOR THE FUTURE PROGRAM



## WHAT

Program that aims at improving the productivity of smallholder farmers through practical training, particularly on fertilizing, conservation farming, and GAP.

## WHY

- This is a poor area with low yield and low knowledge of agriculture.
- Food security is a challenge in the community.
- To increase soil fertility and high yield on crops.

## HOW

- The program includes educating local farmers in good agricultural practices (GAP) and to improve the farming sector. This is done together with the main commercial partners of FFF
- Soil renovation and conservation farming unit supervised by FFF/ACE team
- The management of demo plots in all villages for crops and home gardens.
- Role models to be ambassadors to expand knowledge of conservation farming
- Strengthening the network of principal stakeholders and training local farmers to promote conservation agriculture and develop the community.
- Organizing farmer groups to access bank loans for the management of farming operations.
- Establish a value chain production for a group of farmers based on the market, where irrigation and mechanization will add value.

## WANTED RESULTS

- Increase in yield from the initial 1.2 t/ha as reported by the baseline survey to 4 t/ha and above.
- Increase income from selling their agricultural produce.
- Poverty, hunger and malnutrition reduction.
- Strengthened economic growth, social improvement and accessibility of getting a loan from a bank
- Community sustainability in conservation farming.
- Improved food security and community stability.

# CHILDREN'S FARM FOR THE FUTURE PROGRAM



## WHAT

A program that offers a chance for children to connect with real-life agricultural experiences designed to ultimately nurture their interest in agriculture.

## WHY

- To awaken the children's interest and grow their knowledge in agriculture.
- Communities perceive agriculture as the last resort after failing school.
- Modern agriculture is the best and most rewarding livelihood like the rest of occupations.

## HOW

- Building a children's farm at FFF with a barn for animals (Norwegian milking goats, chicken, guinea pigs, rabbits, ducks etc.) a kitchen for practicing food and nutrition, a home garden and a greenhouse.
- Introduction and enhancement of Nutrition clubs and School gardens.
- Agriculture knowledge sharing and practical orientation at an early stage of school life.
- Kindergartens and primary schools receive training and practical farm visits twice a year as part of their school programs.
- Training children on food production, preparation and consumption.
- Facilitate children's weekend visit to the farm with their parents or caregivers.

## WANTED RESULTS

- Children should value agriculture and take it more seriously like any other profession.
- Children as future ambassadors for modern and Good agricultural practices (GAP).
- A better nutritional status for schoolchildren.